



Vasectomy Patient Information

Vasectomy Procedure

A vasectomy is a procedure where the tubes that carry sperm from the testicles (vas deferens) are cut for the purpose of sterilization (to prevent pregnancy). The procedure is considered permanent although it may be possible to reverse.

Possible complications include:

Epididymitis (infection of the epididymis which may or may not be related to the surgery itself)

Buildup of sperm at the end of the cut vas deferens (sperm granuloma)

Bleeding within the scrotum (hemorrhage)

Infection at the incision site

The ends of the vas deferens may rejoin themselves (recanalization)

Need for subsequent procedures

Development of chronic scrotal pain, which may require removal of the epididymis, which would make reversal impossible

BEFORE YOUR PROCEDURE

The following medications should be avoided one week prior to the date of surgery:

Aspirin, NSAIDs (Ibuprofen, Advil, Motrin, Aleve, Naprosyn), Coumadin, Lovenox, Celebrex, Plavix, Pradaxa. Please contact our office if you are unsure about which medications to stop.

Continue to take other prescribed medications unless it is on the enclosed list of drugs to avoid. This is important, especially if you are diabetic or being treated for high blood pressure.

Shave your scrotum prior to the procedure. Shave all hair from the upper scrotum (just under the penis) and thoroughly wash the area to remove all remaining hair.

You will need a driver to and from the procedure if you choose to have IV sedation.

If you are having IV sedation, do not eat or drink 3 hours prior to your procedure.

Be prepared to provide a urine sample at check in. It is standard practice to check urine for an infection prior to having an office procedure to protect your health.

Bring an athletic support (jockstrap) to your appointment. You will wear it home and for up to 2 weeks after the procedure. We have support available to purchase in our office.



AFTER YOUR PROCEDURE

Continue to use contraception until you have 2 semen analyses to confirm you have no sperm in your ejaculate. We will give you 2 cups and ask that you bring 1 specimen at 6 weeks and another at 10 weeks after your procedure. There is no additional charge for these tests.

Use ice or a cold gel pack as necessary after your procedure.

Wear your athletic support for 2 weeks after the procedure to reduce swelling and discomfort.

Complete antibiotics provided on the day of procedure.

Your bandage can come off the next day or you can let it fall off on its own.

Do not lift anything heavy in the first 48 hours after the procedure. Listen to your body. Overdoing can make recovery longer and more complicated.

Do not shower for 24 hours after the procedure.

Do not submerge your incision for one week. No swimming, bathing, or hot tubs.

Refrain from sexual activity and athletics for 1 week after the surgery.

For post-surgical questions or concerns please contact your provider at

512-238-0762 (Monday-Friday 8:00am-5:00pm)

After hours:

Sandeep Mistry MD 512-423-3760

Chris Yang MD 832-260-8255

Stacy Ong MD 512-466-6575

Lucas Jacomides MD 512-590-1801