



Pelvic Health Solutions

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Date

RE: Patient Name

To Whom It May Concern:

Patient Name uses a "TENS Unit" unit to control their pain due to **diagnosis**. "TENS" is the acronym for Transcutaneous Electrical Nerve Stimulation. A "TENS unit" is a pocket size, portable, battery-operated device that sends electrical impulses to certain parts of the body to block pain signals.

The electrical currents produced are mild, but can prevent pain messages from being transmitted to the brain and may raise the level of endorphins (natural pain killers produced by the brain). Electrodes are attached to the surface of the skin over or near the area where you are experiencing pain.

TENS units should only be used under the direction of a doctor or physical therapist. **Patient Name** uses this TENS unit to decrease pain symptoms be as needed.

Direct questions to [pelvicflpprdpt@gmail.com](mailto: pelvicflpprdpt@gmail.com), or Dr. Angela Treadway, DPT, BCB-PMD 512-617-8801

Sincerely,

Angela Treadway, DPT, BCB-PMD

